

## How to Register:

1. Read all attached forms/documentation.
2. Fill out the registration form.
3. Save or Scan /take a photograph of the Registration form and email to [Registration@CFYNTigersharks.com](mailto:Registration@CFYNTigersharks.com)
4. You will receive an invoice for your booster fee and any outstanding escrow fees you owe via email. High School preseason swimmers will also pay their team fees by this method. This payment can be made on-line.
5. The first two weeks of the season there will be general practices. After two weeks swimmers will be assigned their practice groups. During the month of September all swimmers will pay the same \$70 fee. Beginning in October your payments will be based on your assigned practice group.
6. Shortly after you send in your registration packet you will receive an email with instructions on how to sign up for the YMCA portion of your swim fees. All age group swimmers MUST do this step before they can begin practices. High School Pre-Season swimmers will not do this step. All swimmers in both groups must have an active YMCA membership which is arranged thru the YMCA
7. High School Practices begin 9/5 and Age Group practices begin 9/11.
8. More information will be emailed to you, and there will be an informational Zoom meeting for parents on Tuesday September 5<sup>th</sup> at 7:00 pm. A link to the meeting will be emailed to you.
9. Parent's and Swimmer expo will be held in the YMCA Gymnasium on Saturday, August 26th from 10 am - 2 pm. More information will be available on the website.



# CFYN Tigersharks Swim Team



## Swimmer Information

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Phone Number \_\_\_\_\_ Gender Male Female Date of Birth \_\_\_\_\_

## Competitive Swimming Experience

Have you ever been on a competitive swim team before?  Yes  No

Were you a USA swimmer Last Year?  Y  N

If yes, what team(s)? Returning Tigershark

USA Swimming This Year?  Y  N Maybe

Other Team(s): \_\_\_\_\_

## Parent or Guardian Contact Information

Mother \_\_\_\_\_

Phone \_\_\_\_\_

Father \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

## Swimming Program

Age Group Swimmer

High School Swimmer

High School Team (if applicable)  
 \_\_\_\_\_

## T Shirt Information

No T-Shirt Desired (will not change fees)

T-Shirt Size [ \_\_\_\_\_ ]

Name on Back of Shirt \_\_\_\_\_

Please Leave Back Blank

## Acknowledgements

Please place a check in the checkbox next to the statement and initial that you have read and agree to the document or acknowledgement. For Signatures you may type your name in as it appears in the above Contact Information

- Code of Conduct  \_\_\_\_\_ Initials
- Lindsay's Law  \_\_\_\_\_ Initials
- Volunteer Contract  \_\_\_\_\_ Initials

Parent Signature \_\_\_\_\_ Date : \_\_\_\_\_



# CFYN Tigersharks Swim Team

## Part I or II Must Be Completed

Swimmer Name \_\_\_\_\_

### Part I: To Grant Consent

I hereby grant consent for the following providers and local hospitals to be called from my child listed above.

Physician \_\_\_\_\_ Phone \_\_\_\_\_

Dentist \_\_\_\_\_ Phone \_\_\_\_\_

Alt Contact \_\_\_\_\_ Phone \_\_\_\_\_

In the event reasonable attempts to contact me have been unsuccessful. I hereby give my consent for (1) the administration of any treatment deemed necessary by above-named doctors or in the event the designated preferred practitioner is not available, by another licensed physician or dentist and (2) the transfer of the child to any hospital reasonably accessible. This authorization does not cover major surgery, unless the medical opinions of two licensed doctors or dentists, concurring in the necessary for such surgery, are obtained prior to the performance of such surgery. Please list facts concerning the child's medical history including allergies, medications being taken, and any physical impairment to which a physician should be alerted in the box below. Use back of sheet if necessary

Medical Conditions

\_\_\_\_\_  
\_\_\_\_\_

Medications \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date : \_\_\_\_\_

### Part II: Refusal to Consent

I do not give my consent for emergency medical treatment of my child. In the event of illness or injury requiring emergency medical treatment, I want the following action taken. Use back of sheet if necessary

\_\_\_\_\_  
\_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date : \_\_\_\_\_

# Escrow Acknowledgment Form

## What are escrow accounts

An escrow account is money that the team holds on your behalf to pay for expenses that you incur related to invitational meets. While there is no charge for the dual meets or the YMCA championship meets, all YMCA and USA Invitationals will have a per event (and often per meet) fee that you will be responsible for paying.

## What happens to my positive escrow balance at the end of the year

At the conclusion of the current season, you have several options of things to do with your positive escrow balance.

1. You may carry the balance over to the next season (this is the most common).
2. You may donate the balance to the team.
3. You may donate the balance to another swimmer/family.
4. You may request a check from the treasurer for your positive escrow balance.

## What happens if my escrow account is negative

It is common for an escrow account to be negative at some point in the season. This can be due to several factors including the timing of when the treasurer enters the credits and debits in the system. If your escrow account is negative, don't panic, you can make a payment on the front page of the website to bring your account current or you can give treasurer a check for the amount you would like added to your escrow. You can also request an invoice for your escrow balance. If you have a negative escrow balance at the end of the season, we require you to pay it in full before you can register for the next season.

## What happens if I leave the team

If you leave the team and have a positive escrow balance you can contact the treasurer at [treasurer@cfyntigersharks.com](mailto:treasurer@cfyntigersharks.com) to inform them of what you would like done with your balance. If you do not register with the team for two (2) consecutive (calendar) years all positive escrow balances will become donations to the team.

## How much money should I put into escrow to start the season

It is recommended that you put at least \$75 into your escrow to start the season. This will cover the expenses for one swimmer to compete in the Poseiden Championship Series for the year.

I would like to add the following amount to my escrow account to start the season

\$75 (recommended)

Custom

Parent Name

Date

# CFYN Tigershark Swim Team

## Code of Conduct

***The undersigned athlete participating on the CFYN Tigershark YMCA or USA Swim Team agrees to abide by the standards of conduct outlined below in addition to those established by the coaching staff. All team members are expected to:***

1. Show good sportsmanship to both opponents and teammates at all times. This includes offering congratulations to opponents, win or lose, and cheering on your teammates.
2. Follow the directions of the coaching staff during practices, meets, and other team activities.
3. Follow the rules of any pool that you swim at and abide by the directions of the lifeguards & staff at those pools. This includes abiding by the YMCA Member Code of Conduct [www.akronymca.org/Membership/MemberCodeofConduct/](http://www.akronymca.org/Membership/MemberCodeofConduct/)
4. Keep hands and feet to yourself. Hitting, pushing, or any other types of aggressive/violent/intimidating/bullying type behavior will not be tolerated at any team practice, meet, or team social event.
5. Give your full effort and attention during practices. Do not distract or hinder the swimmers around you.
6. Locker rooms are for changing & showering only. Horseplay will not be tolerated.
7. Do not remove or take any article that does not belong to you, such as clothing, jewelry, money, equipment, etc.
8. Respect the property of any facility the team may visit or use. No swimmer shall tamper with or cause damage to any such facility. The parents of the swimmer will be responsible for 100% of the cost of any damage caused by their swimmer or themselves.
9. Display proper respect and sportsmanship toward coaches, officials, and administrators, fellow competitors, parents, and the public. This include refraining from use of vulgar language.
10. Promote positive team spirit and morale, which includes being humble in victory and gracious in defeat. Deal justly, kindly, respectfully, and intelligently with all fellow team members.
11. Wear the appropriate team suit, cap, and other clothing as prescribed by the coaches.
12. Swimmers should practice in their assigned practice groups only. Changing groups for scheduling or location convenience, or for coaching preferences is not permitted.
13. Do not possess, sell, or use alcohol, tobacco, or any non-prescribed drugs. This behavior is not tolerated.

## Parents

Healthy parent involvement is an essential part to any successful swim team experience. As such we encourage parents to get involved with the team and be positive influences on their swimmers and the team as a whole. However, as with many youth sports these days, unfortunately, at times parents can become more of a detriment than an asset to their swimmers and team. Parent conduct that is detrimental or embarrassing to our Swim Team will not be tolerated, just as the conduct of the swimmers themselves, at practice and at meets, is expected to be at the highest level.

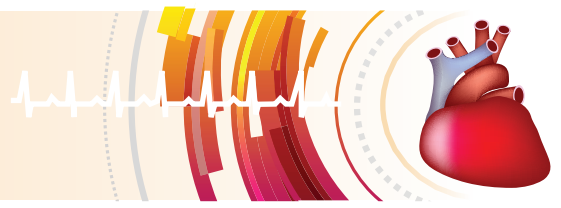
- Parents may NOT interfere during swim practices. Do not talk to coaches or swimmers during practices unless there is an emergency. Leave the coaching of your swimmer to the coaches at meets and practices.
- Parents are NOT to be on deck at any home swim meet, YMCA invitational, or USA meet unless they are signed up to volunteer.
- Parents must abide by the rules set by the host teams or facilities of all meets, both home and away.
- All parents are required to fulfill their minimum volunteer requirements and stay current on all team fees and escrow accounts.

### **Failure to comply with the code of conduct may result in, but not be limited to:**

1. Verbal warning/correction from a coach or lifeguard.
2. Temporary removal from a practice/meet
3. Written report about an incident & contact with a parent to discuss the issue.
4. Suspension from team activities including practices, meets, and team social activities.
5. A meeting with the parents, head coach, YMCA Executive director, and booster Board representative which may result in permanent dismissal from the team.

**Please note extreme behavior that puts the safety or wellbeing of the swimmers in jeopardy will not be tolerated and may result in immediate dismissal of the swimmer. This includes bullying, aggressive and/or violent behavior.**

# Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



**What is Lindsay's Law?** Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

**Which youth athletic activities are included in Lindsay's law?**

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

**What is SCA?** SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) a heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

**What is a warning sign for SCA?** If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

**What symptoms are a warning sign of SCA?** A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

**What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play?** The coach MUST remove the youth athlete from activity immediately. The youth athlete MUST be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

**What happens if an athlete experiences any other warning signs of SCA?** The youth athlete should be seen by a health care professional.

**Who can evaluate and clear youth athletes?** A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

**What is needed for the youth athlete to return to the activity?** There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must view the Ohio Department of Health (ODH) video about Sudden Cardiac Arrest, review the ODH SCA handout and then sign and return this form.

## Volunteer Contract

With the exception of the coaches, the Tigershark swim team is run 100% by volunteers. As such it is essential that everyone do their fair share to contribute to the running of the team. Without the collaborative effort of all families meets cannot be held successfully. Therefore all families are required to work a minimum number of meets during the season. ***If a family does not meet their minimum requirements the Booster Board reserves the right to not enter your swimmer(s) into championship meets, which may include YMCA Divisionals, YMCA Leagues, YMCA Zones, YMCA Nationals, and USA Championships. If this occurs any applicable Divisional fees are considered non-refundable. You will also not be considered a member in good standing which will make you ineligible for booster subsidies/discounts and may impact your swimmers eligibility to register for future swim seasons.*** On the other hand, any family who exceeds their minimum volunteer requirements will earn entries into our volunteer incentive raffle for each volunteer position they fill above and beyond their minimum requirement. Grand prize is a \$100 gift card plus additional swimming related prizes will be raffled off to other winners. (See the website for more details)

### **Full Time Tigershark Requirements:**

All families who have at least one full time Tigershark (aka a swimmer who does not swim for their High School) must work a minimum of 4 meets during the season. At least one of those must be a CFYN hosted Invitational (Rocktober Pentathlon, Sleighride Spectacular, or Hang Ten). Failure to complete this requirement will result in your swimmer not being eligible for Championship meets.

### **High School Pre-season Requirements:**

All families who have only High School Preseason swimmers must work at least 1 meet. Failure to complete this requirement will result in your swimmer not being eligible for Championship meets.

### **In order to have your volunteer work count toward your requirement you must follow these 3 simple steps:**

1. Sign up for your position through Volunteer Spot or the Volunteer Coordinator. (Volunteer Spot is preferred, a link and a step by step guide on how to sign up is available on our website [www.cfyntigersharks.com](http://www.cfyntigersharks.com))
2. Show up to the meet you are scheduled to work at and sign-in with the volunteer check-in person. Signing in is a MUST!
3. Do all of the required work of your position.

### **Special Circumstances:**

If you have a special circumstance, such as a disability or other medical issue etc.. please contact the volunteer coordinator EARLY in the season so she can try to help you find a position that suits your needs. If you wait until later in the season she may not be able to help.

### **Cancellations:**

If something comes up and you cannot attend a meet that you signed up to work you must contact the Volunteer Coordinator via email immediately. Then it is your responsibility to sign up for an alternate volunteer position for a different meet ASAP to fulfill your obligation.

***Please keep a copy of this form for your reference, and indicate that you agree to these requirements on your registration form. Agreeing to these terms is required in order for your swimmer to be considered a member of the team. For more information on Volunteering please visit our team website or contact our Volunteer Coordinator at [Volunteers@cfyntigersharks.com](mailto:Volunteers@cfyntigersharks.com)***

By signing your registration form you are indicating that you have read the above Volunteer contract and understand that I am required to work at a minimum number of meets during the Tigershark season. I further understand that failure to complete my minimum requirement of work may affect my swimmer(s) eligibility to participate in Championship meets.